



Whistler Dental

QUESTIONS ABOUT YOUR TEMPORARY

WHAT IS A TEMPORARY?

A temporary is a filling or a crown that is placed until the final restoration is ready to be bonded into place. It is normal for the gum tissue around your tooth to be a little sore when the anesthesia wears off. This will disappear in a few days. Do your best to chew on the opposite side until your next appointment. Chewing sticky foods can sometimes dislodge temporary restorations. It is not uncommon to have the following reactions with your temporary:

It feels rough: Please call us if it is making your tongue sensitive.

It came off: This is probably the most common problem. Temporary restorations are supposed to come off easily and some foods will help in this. Stay away from sticky foods or gum. If it does come off, you can place it back with a dot of toothpaste until you can see us to have it re-cemented.

It feels high: Come in so that it can be adjusted. A high temporary can cause painful tooth bruising.

It is sensitive: The temporary will not always fit as well as the final restoration, so there may be some sensitivity to hot, cold and chewing. If it is too uncomfortable, please call.

It hurts my gum: Your gum tissue may be irritated at the site of the anesthetic injection and may be sore for a couple of days. Use warm salt water to rinse the mouth as often as possible until the gum feels better. If it does not improve, contact the office.

It's not how I want my new tooth to look: Don't worry, final restorations look like natural teeth.

The temporary is very important. It protects the exposed dentin, prevents food from gathering in the prepared area and prevents the prepared tooth from shifting and moving. The temporary helps in making the seating of the final restoration trouble free. Use your tooth brush to clean the temporary as you normally clean your teeth. It is also important to keep your gums healthy by flossing, but only pull the floss out from the side.

If you have any questions concerning the temporary, please feel free to call. Remember, it will only be for a short period of time and it will all be worth it when you receive your beautiful final restoration.